



## HOSPITAL AUTHORITY CONVENTION 2026

**“People-centred Care”, Professional Service”, “Committed Staff” and “Teamwork**

**Presentation**

# **A Multidisciplinary Initiative to Standardize and Secure Tracheostomy Emergency Management through Cognitive Aids and Structured Documentation**

Presenter:

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Session: O5-Clinical Safety and Quality Service II



# Why This Project?

## 1 Tracheostomy Emergency Crisis

- Bleeding
- Dislodgement
- Displacement
- Occlusion



Patient



Storm of **physiological**  
and **cognitive** stress



Healthcare  
Providers

Cognitive **fixation**

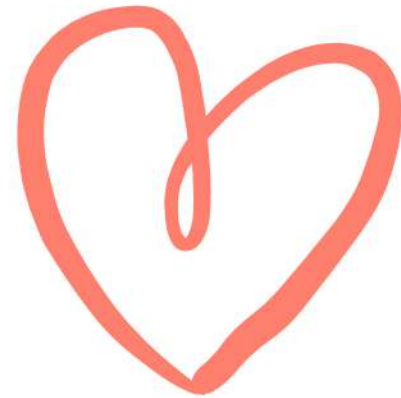
Procedural **omission**



## 2 Tracheostomy Patient Journey

- Involves **multiple transfers**
- Information **continuity** is critical during handovers



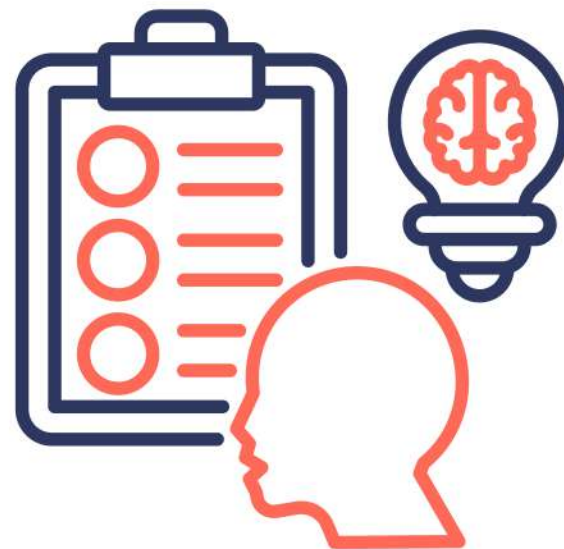


# Objectives

## Design & Implement a comprehensive safety net

**1** Develop  
Real-time Cognitive Aids

Support  
Tracheostomy Emergency Response



**2** Develop  
Standardized, Patient-specific  
Recording Form

Secure  
Handover Communication



# Multidisciplinary Collaboration

Co-design

Trusted by End-users



**UCH**  
**Doctors**  
(ANA, A&E, ENT,  
ICU, Resp, Surg)



**KEC**  
**Nurse Consultants**  
(Periop, Resp, Intensive,  
Emerg, ENT)  
**UCH**  
**Frontline Nurses**



**UCH**  
**Nursing Services**  
**Division**  
**Nursing Q&S**



**KEC**  
**Quality & Safety**  
**Office**



Through multiple discussions, integrating frontline insights and clinical expertise

# Cognitive Aids 認知輔助工具

## Tracheostomy 臨時氣管造口

## End Tracheostomy 永久性氣管造口



Real-time  
Color-coded

Imperative language

Safeguard against  
cognitive fixation and  
procedural omission

**EMERGENCY TRACHEOSTOMY MANAGEMENT**  
(Not to be used for laryngectomy patients) 臨時氣管造口

Assess Signs & Symptoms	<b>Bleeding</b> Site bleeding Blood aspirated or coughed out	<b>Tube Dislodgement</b> Tube seen outside	<b>Tube Displacement</b> Limited / No airflow	<b>Occlusion</b> Noisy breathing
Call for Help	CALL FOR HELP CASE MO / ON CALL DOCTOR (Ext. )			
Positioning	Prop-up (Conscious/spontaneous breathing) or Supine (Unconscious/absent breathing/ventilated) if no contraindication			
Protect Airway	Hyper-inflate cuff temporarily for life saving emergency bleeding (+/- Re-insert if necessary)	Deflate tube cuff if in use Disconnect ventilator in use as PRESCRIBED		Reposition neck & encourage coughing Check inner tube & replace if in use
Oxygen & IV Access	Lower Resp. tract bleeding 100% O <sub>2</sub> Gentle suctioning	Tracheostomy site bleeding Direct pressure on bleeding point	<b>Breathing present</b> 100% O <sub>2</sub> via BOTH face mask and tracheostomy mask	<b>If occlusion persist</b> Deflate tube cuff if in use 100% O <sub>2</sub> via BOTH face mask & tracheostomy mask Reattempt suctioning with smaller size suction catheter
	Set up large-bore IV access Check patency of tracheostomy tube if breathing absent	<b>Breathing absent</b> Cover tracheostomy stoma by gloved hand	<b>Breathing absent</b> 100% O <sub>2</sub> manual ventilation over mouth & nose	<b>Breathing absent</b> 100% O <sub>2</sub>
Intervention	Prepare bronchoscopy / surgery	Prepare equipment & assist haemostasis	Prepare re-insertion tube or intubation, and Resuscitation	
Urgent Contact	Operating Team			

**EMERGENCY END TRACHEOSTOMY MANAGEMENT**  
(CANNOT be ventilated / intubated via mouth or nose) 永久性氣管造口

Assess Signs & Symptoms	<b>Bleeding</b> Site bleeding Blood aspirated or coughed out	<b>Tube Dislodgement</b> Tube seen outside	<b>Tube Displacement</b> Limited / No airflow	<b>Occlusion</b> Noisy breathing
Call for Help	CALL FOR HELP CASE MO / ON CALL DOCTOR (Ext. )			
Positioning	Prop-up (Conscious / spontaneous breathing) or Supine (Unconscious / absent breathing / ventilated) if no contraindication			
Protect Airway	Hyper-inflate cuff temporarily for life saving emergency bleeding if in use (+/- Re-insert if necessary)	Deflate tube cuff if in use Disconnect ventilator in use as PRESCRIBED		Reposition neck & encourage coughing Check inner tube & replace if in use
Oxygen & IV Access	Lower Resp. tract bleeding 100% O <sub>2</sub> Gentle suctioning	Tracheostomy site bleeding Direct pressure on bleeding point	<b>Breathing present</b> 100% O <sub>2</sub> to tracheostomy	<b>Remove all coverings if any</b> Remove inner tube / Deflate cuff if in use Suction with small size of cath. 100% O <sub>2</sub>
	Set up large-bore IV access	<b>Breathing absent</b> 100% O <sub>2</sub> manual ventilation ONLY with BMV (pediatric mask) via tracheostomy	<b>Breathing absent</b> 100% O <sub>2</sub>	<b>Breathing absent</b> 100% O <sub>2</sub>
Intervention	Prepare bronchoscopy / surgery	Prepare equipment & assist haemostasis	Prepare re-insertion tube or intubation, and Resuscitation	
Urgent Contact	Operating Team			

Step-by-step crisis management

Initial assessment → Call for help → Positioning → Airway protection → Oxygen/IV setup → Specific interventions

# Recording Form Patients with Tracheostomy 氣管造口記錄表

Single-page design integrating:

1. **Insertion** details
2. **Care** highlights
3. **Transfer** reminders



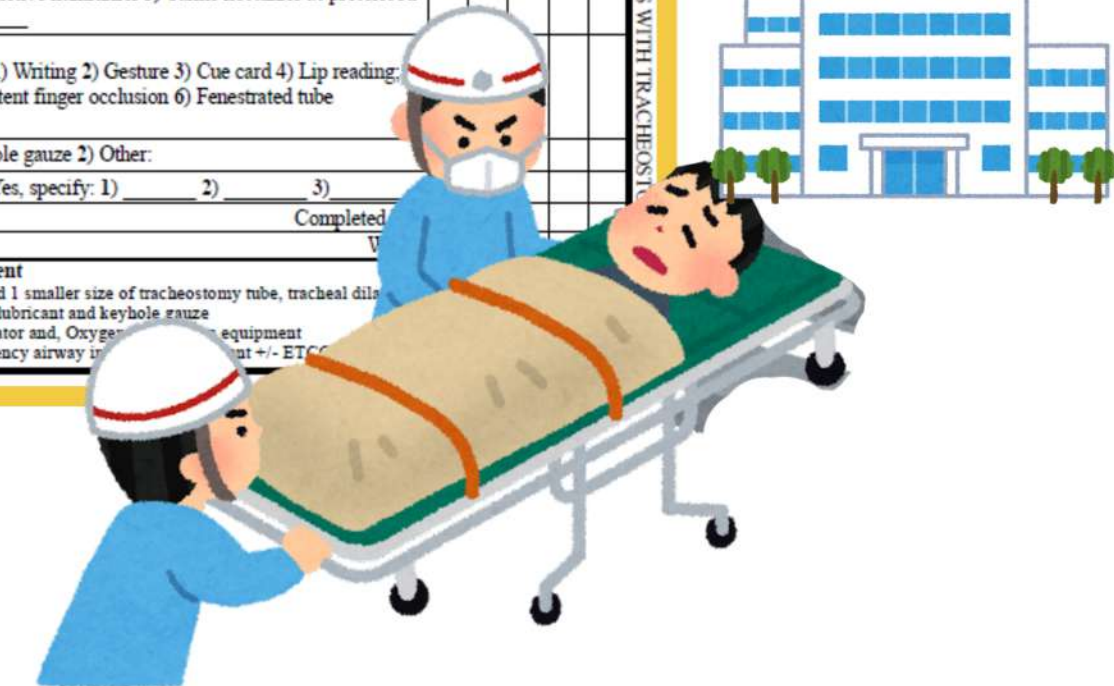
Goal:



**Quick grasp** of patient tracheostomy status during handovers



HOSPITAL AUTHORITY UNITED CHRISTIAN HOSPITAL DEPARTMENT OF ANAESTHESIOLOGY AND PAIN MEDICINE RECORDING FORM FOR PATIENTS WITH TRACHEOSTOMY		Please Stick Label if Available or Use Block Letters		
HN : _____ MRN : _____		Name : _____		
HKID No. : _____ Sex : _____ Age : _____		Dept. : _____ Ward / Bed : _____		
<b>Part A (Completed by Doctor for initial tracheostomy insertion) ** Circle when appropriate **</b>				
Reason for Tracheostomy: • Percutaneous / Surgical OR End Tracheostomy				
Upper airway information: Difficult airway: No / Yes / Unknown    DL / VL grade / FOB    Potential upper Airway Obstruction: No / Yes				
<b>Tracheostomy Insertion</b>				
Date	Type/ Size	Cuffed & Pressure (recommended 20-30cmH <sub>2</sub> O) No / Yes: _____ cmH <sub>2</sub> O	Fenestrated No / Yes	Name of the doctor
<b>Part B (Completed by Nurse) ** Circle when appropriate **</b>				
• Percutaneous / Surgical OR End Tracheostomy (for old case of tracheostomy)				
• Date of stitches removal for incision site: _____, tube anchorage: _____ (for case of initial tracheostomy insertion only)				
• Initial wound packing: No / Yes (If yes, Please refer to the Wound Packing Record (MR/NSD/0564))				
<b>Tracheostomy Tube Changes</b>				
Date	Type/ size	Cuffed: Pressure (recommended 20-30cmH <sub>2</sub> O) No / Yes: _____ cmH <sub>2</sub> O	Fenestrated No / Yes	Name of the doctor
		No / Yes: _____ cmH <sub>2</sub> O	No / Yes	
		No / Yes: _____ cmH <sub>2</sub> O	No / Yes	
		No / Yes: _____ cmH <sub>2</sub> O	No / Yes	
		No / Yes: _____ cmH <sub>2</sub> O	No / Yes	
• Date of decannulation: _____ (for initial tracheostomy insertion)				
<b>Part C (Completed by Nurse) Fill the number in the below table upon transfer out (*Remarks: Case of difficult airway is not suggested transferring to convalescent hospital)</b>				
	Date			
• Dual lumen: 0) No / Yes, Cleansing frequency 1) BD 2) Q8H 3) others: _____				
• Cuffed: 0) No / Yes, Pressure: 1) _____ cmH <sub>2</sub> O 2) _____ cmH <sub>2</sub> O 3) _____ cmH <sub>2</sub> O				
• Schedule of cuff inflation: 0) No / Yes, specify 1) _____ 2) _____ 3) _____ 4) _____				
• Oxygen therapy via: 0) No / 1) Trach. mask 2) HME 3) Speaking valve 4) HFO with trach. mask 5) HFO with trach. interface 6) Others: _____				
• Secretion management: 1) Open suction 2) Closed suction system 3) Self-managed via tracheostomy 4) Self-expectorate via mouth 5) Others: _____				
• Humidification: 0) No / 1) HME 2) Active humidifier 3) Saline nebulizer as prescribed 4) HFO machine 5) Others: _____				
• Communication: Non-verbal: 0) Non-communicable 1) Writing 2) Gesture 3) Cue card 4) Lip reading Verbal: 4) One-way valve 5) Intermittent finger occlusion 6) Fenestrated tube 7) Others: _____				
• Tracheostomy stoma care: 1) Keyhole gauze 2) Other: _____				
• Weaning schedule (if any): 0) No / Yes, specify: 1) _____ 2) _____ 3) _____				
Completed _____				
<b>(For references) Emergency equipment</b>				
• Tracheostomy kit: 1 same size and 1 smaller size of tracheostomy tube, tracheal dilator, pediatric facemasks, tube holder, lubricant and keyhole gauze				
• Bag-valve-mask device / resuscitator and, Oxygen equipment				
• Resuscitation trolley with Emergency airway in _____				



RECORDING FORM FOR PATIENTS WITH TRACHEOSTOMY



# Education and Implementation (Nov 2024)

Building a learning pathway from orientation to advanced practice

## Basic Life Support Workshop



## Tracheostomy Care Workshop



## Advanced Airway Management





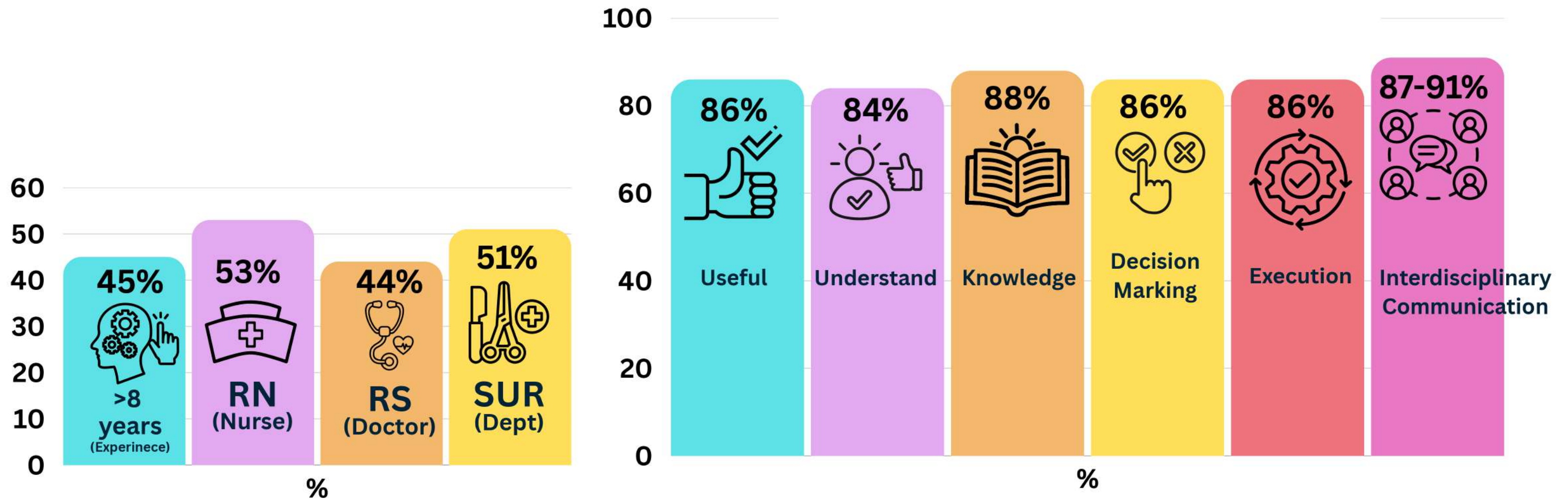
# Evaluation: Frontline Feedback (Sept 2025)



## Respondents:

100 frontline staff (77 nurses, 23 doctors)

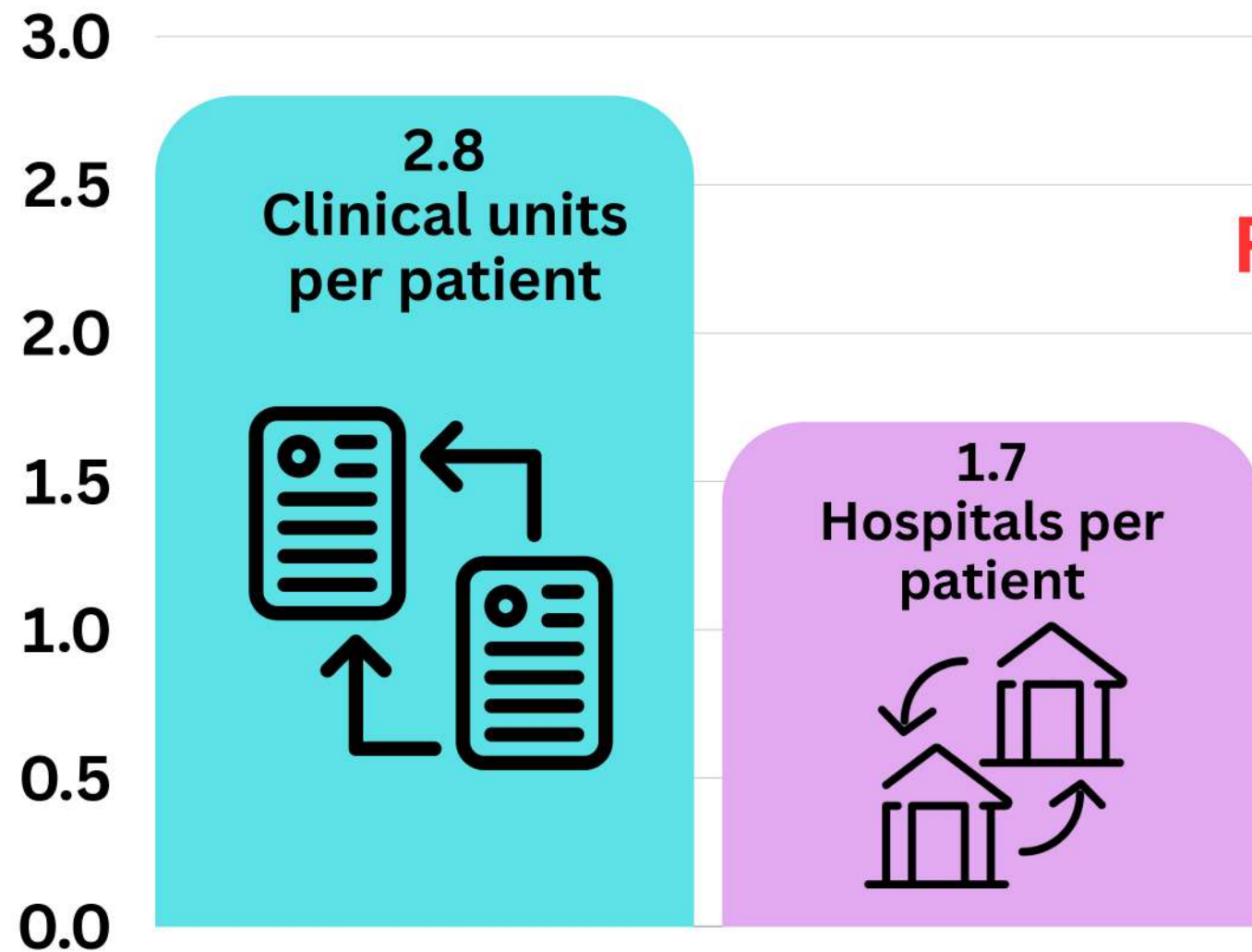
9 clinical departments (A&E, ANA, ENT, ICU, M&G, NSD, O&G, O&T, SUR)





# Evaluation: Patient Journey Review (23 Cases)

● Clinical Units    ● Hospitals



**Data validates the project's focus:**

- Complex journeys

**Findings:**

- Handover documentation completeness: 72% – 83%





# Clinical Safety & Quality Service

## » Committed Staff & Professional Service

- Evidence-based cognitive aids
- Reliable handover tool

## » Teamwork

- Shared language
- Unified team approach

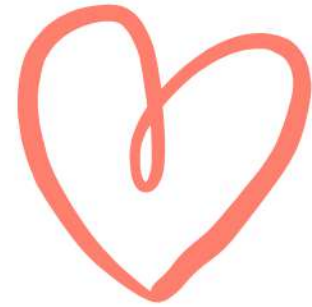
## » People-centred Care

Proactive & coordinated management



# Conclusion

## Clinical Safety, Team Performance, Communication



**Cognitive Aids** - address immediate crisis

**Recording Form** - secure handovers



## Planned Enhancements

Visual Optimization



Bold key steps for better readability

Strengthen Simulation Training



Build team familiarity through scenarios

Explore Cluster-wide Adoption



Scalability as a corporate product

# HA CONVENTION 2026

**Clinical Safety and Quality Service –  
Safeguarded by multidisciplinary collaboration and teamwork**



## **Acknowledgement**

Thank You to:

All participating UCH doctors (ANA, A&E, ENT, ICU, Resp, Surg), KEC Nurse Consultants (Periop, Resp, Intensive, Emerg, ENT)

UCH Nursing Services Division colleagues

KEC Quality & Safety Office colleagues

Every frontline colleague dedicated to patient care